



## LETTER FROM LINDY

As I write this note, I am sitting in the Hilton Stockton Ballroom, preparing to welcome 80+ CAPC staff to engage in their required annual Head Start Pre-Service Training. Four days of non-stop training around Performance Standards, assessment tools, health and safety do's and don'ts, goal setting, engaging with fathers of preschoolers, case managing at-risk families, time management, cultural diversity, trauma-informed care, the BIG School Readiness push and Plan, medication administration, and my favorite, Blood Borne Pathogens!

The CAPC has over 120 staff that work directly with over 800 children ages from 1-5 everyday. Some classes break for the summer, but many are year-round.

When you layer that thought over the framework described in my previous letters (brain development in those early years), you begin to understand the significant impact that those staff can have on a child and his/her future. On the future of our community.

I have a great deal of respect and admiration for our early education teachers. Preparing infants, toddlers and preschoolers for Kindergarten is no small task. Particularly when the family is struggling with challenges that threaten to overwhelm their ability to cope. But the CAPC teachers are up to the task. Their commitment to our mission of child abuse prevention is evident in their dedication to the children they serve.

And so I have taken great pleasure in preparing for these staff. Our Human Resource and management staff have put a lot of effort into making sure that this training is comprehensive, but also fun. In addition to the learning, we will laugh, dance, eat, and practice some mindfulness exercises on being present in the moment (Namaste). Overall, staff will leave better informed, motivated to excellence, refreshed, and perhaps most importantly, feeling valued. Because they are.

Your Partner in Prevention,  
Lindy Turner-Hardin

A handwritten signature in blue ink, appearing to read 'Lindy'.

## BOOKS FOR PRESCHOOLERS

Members of the Junior League of the San Joaquin County had a book drive and donated over 100 bags filled with books for our preschoolers. Our preschoolers now have the opportunity to take books home to start their own library. We are so grateful for the smiles you put on these kid's faces! *Picture featured above.*

## LODI STITCH AND QUILT

A big thank you to Lodi Stitch and Quilt & Lodi Community Concerns for donating quilts & pillowcases that turn into laundry bags for foster children served in our Court Appointed Special Advocate Program (CASA). It's the littlest things that make the biggest difference in helping our youth. We are so thankful for your support!

*Connie Oliver, Amrit Pawar, Trinidad NewComb, Jami Alexander*



## BOARD OF DIRECTORS

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## NEW FACES

We are excited to announce new faces to our Board of Directors. We've added 3 new Board members, rounding out this group of incredible advocates and great leaders.

Mike Robinson, Owner and Operator of Nothing Bundt Cakes in Stockton. Mike has literally been a supporter since the first day he opened his doors. Mike donated a portion of his grand opening proceeds to the CAPC. Mike is a great community Partner and we are proud that he has chosen to join our board.



Kevin Crosby, is a lifelong resident of this area, and his career as a Stockton Firefighter will bring a unique perspective to the board. Kevin and his wife Leslie have four children, two of whom were adopted through our county foster system. Through his role as a foster parent since 2010, Kevin has grown passionate about the rights of foster youth.



Jaime Dillon, is a mother of 3 and a local philanthropist. With a background in event planning she has continuously donated her time to the CAPC Auxiliary and in 2016 was the co-chair of the Annual Fashion Show.



## I WISH YOU COULD MEET...

Anna Lopez is a survivor of child abuse. This untreated trauma in her life as a child, led to alcohol and substance abuse. With little support from dad, Anna was struggling in her relationships with her children for a long time...

Anna was tired and felt her life was being overtaken by her children, one of which struggled with a mental disability. She realized her resentment towards her children, and recognizing that they did not have a healthy relationship, she searched for help.

Anna spent time at church trying to find some peace and direction. There she was introduced to The Parent Café group.

Parent Cafés are an innovative yet simple method of hosting conversations about questions that matter and part of the CAPC's Strengthening Families Initiative. This approach is to help parents build friendships and relationships of mutual support, learn about resources, share knowledge and ideas, and build their appreciation for the role that they play in the development of their children.

Each week, Anna would give updates about her progress at home and share challenges that she was having. As a group, the parents in her Parent Café rallied around her. Anna's biggest issue was communication with her youngest two children, and through

the peer-based approach to learning at Parent Café, she was able improve her attitude, build patience, and ultimately changed her behavior. She gained the skills that took her from raising her voice and yelling to listening to each child's needs. She began to hear them because she was calm enough to listen which improved their relationship.

Seeing positive change, Anna gained self confidence in her parenting skills. She has developed long lasting friendships and added additional resources to support her in her continued journey of providing a healthy, safe and loving home for her children. By recognizing that she needed help, seeking it out, and actively participating in behavior change, Anna is breaking the cycle of child abuse.

Do you know someone who could benefit from attending a Parent Café? We have more than 17 active Parent Cafés at various locations around the County. For more information, contact Angela MaGee at (209) 644-5331 or [amagee@nochildabuse.org](mailto:amagee@nochildabuse.org).



## CHAMPAGNE STATE OF MIND

Spring Gala benefitting the Child Abuse Prevention Council took place at Sorelle Winery this April. Thank you to Kristen Palmer and Champagne State of Mind for all their hard work. It was a wonderful evening to come together to talk about the CASA (Court Appointed Special Advocate) Program and the dramatic differences that the CASA's are making in the life of San Joaquin County Foster Youth. Volunteer CASA, Dan Lane, inspired everyone by sharing his story and the hope for a better future that the CASA program brings to foster children. Thank you to Kristen and Champagne State of Mind for the \$6,000 donation to the CAPC's CASA program.



## SUICIDE PREVENTION & AWARENESS MONTH

September was National Suicide Prevention & Awareness Month. The CAPC Suicide Prevention team takes this time to focus our attention on those affected by suicide, raise awareness and provide resources to those in need. Suicide is the second leading cause of death among youth and it's important that we work together to open the lines of communication and educate individuals on how they can be an advocate.

CAPC's Suicide Prevention Program works to reduce stigma and open communication on this sensitive topic by empowering and equipping communities and individuals through training, awareness campaigns and education. With a focus on high-schoolers, CAPC staff train students to be Gatekeepers

who understand the signs, symptoms and warning signs of those in crisis. The CAPC aims to empower youth to save their generation from the perils of suicidality and depression and create a culture that makes their mental health a priority.

**More teenagers and young adults die from suicide than from cancer, heart disease, AIDS, birth defects, stroke, pneumonia, influenza, and chronic lung disease, COMBINED.** (2013 CDC WISQARS; [jasonfoundation.com](http://jasonfoundation.com)).

The Get Connected Walk 4 Life was designed to bring awareness about Suicide to our community. Our Walk 4 life registered over 170 walkers and over 50 volunteers. These supporters walked from Victory Park in Stockton to Miracle Mile & back wearing their Yellow shirts and collecting necklaces

along the way representing lost loved ones. This event was integral to rallying our community together to honor those who have died by suicide and begin to establish efforts toward a suicide-safer community for everyone. Our sincerest thanks to our donors for contributing to Suicide Prevention's walk for life.

For more information on how you can get involved contact Cassie Lowe at (209) 644-5377.



## CASA RECRUITMENT



Brandy Biglow, CASA volunteer supporting an 8 year old girl. "My husband and I always hoped for a bigger family, but I guess there was a different plan out there for us" says Brandy. Struggling the past 7 years for a bigger family, Brandy tells us about her biggest miracle, her 6 year old son. "I have the heart to give back and I wanted to do more for children" which motivated her to learn about CASA and make the 18-month commitment to a foster child. "It's an empowering feeling to share the room with others that have the same heart to give back as I do". Brandy explains how giving back is an important to our community and everyone should find a cause they are passionate about. "Children are my passion and I wanted to give a child the opportunity that they deserve." With 8 months left with her foster child, Brandy is excited to announce that she and her husband now see adoption in their future.

If you're ready for the role of a lifetime, if you're ready to help create a brighter future for a foster child, consider becoming a CASA volunteer. All training provided. Skills needed include a little free time, a big heart, and a desire to make a difference!

## LEPRINO FOODS COMPANY

Leprino Foods Company is a world leader in innovative dairy food ingredient manufacturing. The largest mozzarella producer in the world, Leprino Foods is a supplier to many local, national and international pizza chains and supplies nine of the top 10 frozen pizza/entrée market leaders. Employing nearly 4,000 employees around the world, sales of Leprino Foods products currently reach over 40 countries around the globe.

Leprino Foods has been a long time donor of CAPC. Leprino sponsors all three of the CAPC's major events, Ducky Derby, CASA Run and Fashion Show. Through this support the CAPC is able to provide critical services for children and families in the San Joaquin County.

"We at Leprino Foods Tracy are committed to improving our local community and believe one of the best ways to do that is to work with a non-profit whose primary focus is family and local youth. We know that we need to invest in a brighter future today, and that means investing in the children of our Community. The CAPC is such a wonderful organization and we are proud to be a supporter!"



## INVEST IN THE LIFE OF A CHILD

### Super Bowl Raffle Tickets

Proceeds go directly to the CAPC. Last year we received 100% of all sales! Available Sept 1 – Dec 14th 2016 You can download our form at [nochildabuse.org/superbowl](http://nochildabuse.org/superbowl).

### Adopt-A-Family

Last Christmas, supporters of the CAPC's Adopt-A-Family program brightened the Holiday Season for 600 children and their families. The CAPC 's program is limited to families that are actively participating in CAPC services. We anticipate the need for more Adoptees this year due to the CAPC's expansion and provision of more services into our community's rural and under-served areas. Our approach to this program is to set the family up for success in the future. By this we mean that our focus is on the children in the family, and we ask that gifts are a combination of practical need and fun! If you've participated in the past, watch for a letter from the CAPC to get you signed up again. If you'd like to know how you can support this program, please call Amrit at (209) 851-3468 or email her at [Apawar@nochildabuse.org](mailto:Apawar@nochildabuse.org).

P.S. The CAPC Auxiliary also provides a Christmas Party for foster youth in our Court Appointed Special Advocate (CASA) program. If you'd like to support this effort in some way, please contact Christina Gilbert at (209) 403-4573.



## MORE NEW FACES

The CAPC has on-boarded more than 30 new employees in the past quarter! Most of these new staff are preschool and child care staff who have been hired to deliver quality school-readiness services to children aged 0-5 across the County. By the time you read this newsletter, the CAPC will have re-opened Head Start classrooms throughout our community.

Other staff has also been hired in our Clinical and Family Services Departments. To learn more about our new staff and other openings at the CAPC, visit our website at [nochildabuse.org](http://nochildabuse.org).

To assist in this process, the CAPC welcomed Sarah Malott to our Executive Management team, where she serves as Director of Human Resources.

Before joining the CAPC Sarah was the HR Director for Jozu LLC in Woodside, CA. Sarah has a Master's of Science-Law, and has worked in the HR field since 2004.

Sarah is an enthusiastic leader with a strong drive and focus on creating a productive work environment through her commitment to quality and her ability to manage with integrity. Her passion to people, company, and culture along with her experience will help to make her an integral part of achieving the CAPC Goals.



## FULL DAY PRESCHOOL

FREE/REDUCED CHILDCARE\*

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CUIDADO DE NIÑOS GRATIS O PRECIO REDUCIDO\*

We're here  
to help  
**YOU!**

Safe  
and  
Strong  
Families

## NOW ENROLLING INSCRIPCIONES AHORA

New Vision Elementary School

4726 McCuen Ave | Stockton, 95206

### Please bring with you...

- Income documentation
- Birth certificate of all children
- Parents' photo ID
- Proof of address
- Immunization/shot record
- Child's medical card

\*For eligible families

### Favor de Traer con usted...

- Comprobante de Ingresos
- Certificado de Nacimiento de todos los niños
- Documento de Identificación con fotografía de los Padres
- Comprobante de Domicilio
- Tarjeta de Vacunas
- Tarjeta de Seguro Médico del niño

\*Para familias elegibles

¡Estamos  
aquí para  
ayudarles!

Familias  
Seguras  
y Fuertes



# SUPER BOWL

# ★ RAFFLE ★

Supporting San Joaquin County Charities

## WIN A TRIP



HOUSTON 02.05.17

# 6 GRAND PRIZE PACKAGES!

**2 TICKETS TO THE SUPER BOWL & \$2,000 CASH!**

## \$100 PER TICKET

10 CASH PRIZES OF \$1,000 EACH  
10 CASH PRIZES OF \$500 EACH  
LAPTOP COMPUTER  
IPAD  
NAPA WINERY TOUR  
SAN DIEGO CHARGERS TICKETS

OAKLAND RAIDERS TICKETS  
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STOCKTON PORTS TICKETS  
UOP BASKETBALL TICKETS  
& *MUCH MORE!*

**DRAWING DATE DECEMBER 14, 2016**

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**WWW.CFOSJ.ORG**

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OF SAN JOAQUIN

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# SUPER BOWL

# ★ RAFFLE ★

Supporting San Joaquin County Charities

Please send me \_\_\_\_\_ raffle tickets  
@ \$100 each for a TOTAL of \$ \_\_\_\_\_

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Phone \_\_\_\_\_

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Check payable to Community Foundation of San Joaquin

Visa    Mastercard    AMEX

Name on Card \_\_\_\_\_

Card Billing Address \_\_\_\_\_

Card Number \_\_\_\_\_

Exp. Date \_\_\_\_ / \_\_\_\_ (MM/YY)   Security Code \_\_\_\_\_

Signature \_\_\_\_\_

*Ticket purchases are not tax deductible*

Ticket # \_\_\_\_\_ Sold by \_\_\_\_\_

**MAIL completed form & payment to:**  
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**P.O. Box 286**  
**Stockton, CA 95201**

**FAX completed form & credit card information to:**  
**(209) 593-2333 fax**

**For information:**  
**(209) 943-2375**  
**www.cfosj.org**

## SUPPORTING LOCAL SJ COUNTY CHARITIES

*\* Please check the charity of your choice*

- Alpha Psi Foundation
- American Red Cross
- Animal Protection League
- Art Expressions of San Joaquin
- Big Valley Water Polo Academy
- Boys & Girls Club of Tracy
- Central Valley Youth Symphony
- Child Abuse Prevention Council
- Children's Home of Stockton
- Children's Museum of Stockton

- Community Foundation of San Joaquin
- Dameron Hospital Foundation
- Delta College Foundation
- Delta Humane Society & SPCA
- Disabled American Veterans of SJC
- Emergency Food Bank of Stockton/SJC
- Goodwill Industries of San Joaquin Valley
- Habitat for Humanity of San Joaquin County
- Haven of Peace Women's Shelter

- Hearts of Harvest Foundation
- Hospice of San Joaquin
- LOEL Senior Center
- Make-A-Wish Foundation
- Mary Graham Children's Foundation
- McHenry House  
Tracy Family Shelter
- Pixie Woods Children's Park
- St. Mary's Dining Room
- Stockton Scottish Rite Language Disorders Center
- The First Tee of San Joaquin
- Tiger Aquatics
- United Way of San Joaquin County
- YMCA of San Joaquin County